

**NEWSLETTER
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**Dr. TAI-NAN WANG, L.Ac., O.M.D., Q.M.E.
4295 GESNER STREET, SUITE 1 A
SAN DIEGO, CA 92117
858-483-7795
619-276-7937 FAX
TAINANWANG@SBCGLOBAL.NET
Website: LIFESTRONG.COM**

As you can see from the masthead, we've had some changes since our last newsletter. Our area code has been changed from 619 to 858 for those of you out-of-town. We have a website almost ready to go.

Our website is a little different from others on the net. On the principle that one does not get without giving, we present herbs and supplements for sale but also give a longevity questionnaire, which you might find interesting to answer, and a list of subjects on which you can request more information. We will also try to answer extraneous questions or try to find products for you if we do not have them.

Some of the new products we carry are:

New Life Colostrum Cream™: this contains colostrum from organic, pasture fed cows. It contains Oligolac™, lactoferrin, beta-lipids, and natural antioxidants. It does **not** contain petroleum products. Oligolac™ is a concentrated form of natural skin-growth factor to stimulate the regeneration of skin cells. This cream also contains vitamins C and E and takes its fragrance from natural lavender which is one of the most-healing of all the essential oils. A two-ounce jar, which should last two or three months, is \$25.00.

Xi Gan Ming Mu Tang: this Chinese formula is composed of nineteen herbs, including gardenia and vitex. It is excellent for vision problems, including those irritating light-flashes and floaters we get from vitreous detachment as we age. (If you are having those symptoms and have not seen an ophthalmologist, please do so to rule out retinal detachment.) \$12.00 for 200 pills.

Herbalite™ from Lotus Herbs : this thirteen-herb formula is for **gradual** and effective weight loss. It does **not** contain ephedra and should not be used if you are pregnant. \$18.00 for 100 pills.

MSPD Periodontal™ from Genestra: Before you have your gums scraped or your teeth pulled, I beg you try this product. It is excellent and the results astounding. \$15.50 for 90 caps.

We are always happy to mail to you and will add on the shipping charge.